



UKCC Level 1 paddle sports coach Award

Thank you for booking or your interest in the above course below is very important information that you must have read before attending the Fluidskills coaching course.

Who is the Level 1 course designed for?

The BCU Level 1 Certificate in Coaching Paddlesport is appropriate for individuals new to coaching, who have some knowledge of paddlesport, and wish to learn how to help others enjoy paddling. The qualification is appropriate to individuals who want to coach any of the various paddlesport disciplines. Level 1 Coaches will build skills during the course that they will continue to develop as they start to coach under the guidance of a more qualified coach.

This course is designed for a range of people, for example:

- A non-paddling parent of a child in a club
- A paddler who wants to help out in their local club
- Someone who wants to work in an activity centre

Before candidates can register for the Level 1 course they must meet the prerequisites:

- Be at least 16 years old on the first day of the course
- Understand the basics of manoeuvring a canoe or kayak, either through participation in the sport or from observation.
- For a boat based coach; have gained the new BCU 2 star award or have an old BCU 2 star award (or higher) in canoe and in kayak.

All candidates are **required** to register with the BCU Awarding department prior to embarking on the Level 1 course. Registration forms (**CR Form**)

can either be obtained directly from BCU Awarding, from the Home Nation Governing Body (Canoe Association of Northern Ireland, Canoe England, Scottish Canoe Association or Welsh Canoeing Association) at the cost of **£55**. This covers the cost of the **Level 1 Work book**, 12 months third party liability insurance and Coach Licence, and supports the administrative costs associated with the qualification. (A discounted rate of **£39** is available for candidates who are already members of the BCU through their Home Nation Governing Body.)

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Aim

The aim of the BCU Level 1 Programme is to provide an introduction to safe, ethical, and effective paddlesport coaching.

Remit

The Level 1 Coach can:

- Run taster sessions
- Assist higher level coaches
- Coach paddlers in a variety of craft
- Assess BCU Performance Awards

The Home Nation Associations are able to provide advice regarding the appropriate deployment of Level 1 Coaches. The responsibility for being appropriately deployed needs always to lie with someone more qualified.

You will need your stamped CR form and your Level 1 Course workbook from the BCU in order to attend the course.

If you have any questions please read the other pre course info sheets or get in contact via the web site contact page.